

# July Book List

For books added June 1 – 30th

## Non-fiction

Peter, Ralston	<b>Ending Unnecessary Suffering: How to Create a Powerful, Complete, and Peaceful Life</b>	128.4 Ral
Krasno, Jeff	<b>Good Stress: The Health Benefits of Doing Hard Things</b>	155.9042 Kra
Humble the Poet	<b>Unanxious: 50 Simple Truths to Help Overthinkers Feel Less Stress and More Calm</b>	158.1 Hum
Ball, R. Glenn	<b>Let Us Prey: The Plague of Narcissist Pastors and What We Can Do About It</b>	158.2 Bal
Morrison, Suzanne	<b>Yoga Bitch: One Woman's Quest to Conquer Skepticism, Cynicism, and Cigarettes on the Path to Enlightenment</b>	204.36092 Mor
Rohr, Richard	<b>The Tears of Things: Prophetic Wisdom for an Age of Outrage</b>	224.06 Roh
Weisman, Alan	<b>Hope Dies Last: Visionary People Across the World, Fighting to Find Us a Future</b>	304.28 Wei
Tennison, Rosalie	<b>Naomi's Houses: A Memoir</b>	306.8743 Ten
Henderson, Paul	<b>A Spy in the Family</b>	327.12437 Hen
Gatti Tassin, Katie	<b>Rich Girl Nation: Taking Charge of Our Financial Futures</b>	332.024 Gat
Harris, Gardiner	<b>No More Tears; The Dark Secrets of Johnson &amp; Johnson</b>	338.4616 Har
Jenkins, Tiffany	<b>A Clean Mess: A Memoir of Sobriety After a Lifetime of Being Numb</b>	362.29092 Jen

Marvel, Kate	<b>Human Nature: Nine Ways to Feel About Our Changing Planet</b>	363.73874 Mar
Halperin, Ross	<b>Bear Witness: The Pursuit of Justice in a Violent Land</b>	364.106 Hal
Cohen, Rich	<b>Murder in the Dollhouse: The Jennifer Dulos Story</b>	364.1523 Coh
Palango, Paul	<b>Anatomy of a Cover-Up: The Truth About the RCMP and the Nova Scotia Massacres</b>	364.1523 Pal
Witton, Mark P.	<b>King Tyrant: A Natural History of Tyrannosaurus Rex</b>	567.9129 Wit
Lathan, Tom	<b>Lost Wonders: 10 Tales of Extinction from the 21st Century</b>	591.68 Lat
Weymouth, Adam	<b>Lone Wolf: Walking the Line Between Civilization and Wilderness</b>	599.773 Wey
Jebelli, Joseph	<b>The Brain at Rest: How the Art and Science of Doing Nothing Can Improve Your Life</b>	612.82 Jeb
Reardon, Sara	<b>Floored: A Woman's Guide to Pelvic Floor health at Every Age and Stage</b>	613.0424 Rea
Friedman, Elias Weiss	<b>This Dog Will Change Your Life</b>	636.7 Fri
Reuben, Mikaela	<b>Eat to Love: Where Health Meets Flavor</b>	641.563 Reu
Bodrug, Carleigh	<b>PlantYou: 140+ Ridiculously Easy, Amazingly Delicious, Plant-Based, Oil-Free Recipes</b>	641.5636 Bod
Dinhut, Claire	<b>The Condiment Book: Unlocking Maximum Flavor with Minial Effort</b>	641.6382 Din
Podleski, Greta	<b>Every Salad Ever</b>	641.83 Pod
Simcik, Lindsey	<b>Almost 30: A Definitive Guide to a Life You Love for the Next Decade and Beyond</b>	646.7 Sim
Hallmon, Lakeysa	<b>No One is Self-Made: Build Your Village to Flourish in Business and Life</b>	650.13 Hal

Knowles, Tina	<b>Matriarch: A Memoir</b>	782.42164 Kno
Goddard, Peter	<b>One Foot on the Platform: A Rock'N'Roll Journey</b>	782.42166 God
Hailey, Leisha	<b>So Gay For You: Friendship, Found Family, &amp; the Show That Started it All</b>	791.4502 Hai
Pride, Curtis	<b>I Felt the Cheers: The Remarkable Silent Life of Curtis Pride</b>	796.357 Pri
Lyons, Ally	<b>A Generation of Sunflowers</b>	811.6 Loy
Lyons, Ally	<b>Bloom</b>	811.6 Loy
Collins, Billy	<b>Poetry 180: A Turning Back to Poetry</b>	811.608 Col
Febos, Melissa	<b>The Dry Season</b>	813.603 Feb
Inaba, Mayumi	<b>Mornings Without Mii</b>	895.635 Ina
Phillips, Tom	<b>A Brief History of the End of the F*cking World</b>	902.07 Phi
N/A	<b>The Rough Guide to Scotland</b>	914.1104 Rou
Phan, Rachel	<b>Restaurant Kid: A Memoir of Family and Belonging</b>	920.72089 Pha
Olson, Lynne	<b>The Sisterhood of Ravensbrück: How an Intrepid Band of Frenchwomen Resisted the Nazis in Hitler's All-Female Concentration Camp</b>	940.5318 Ols
Ardern, Jacinda	<b>A Different Kind of Power</b>	993.0412 Ard