

October Book List

For books added September 1-30th

Non-Fiction

Forest, Danu	The Cunning Folk's Book of Cottage Witchcraft: Spells, Charms & Traditions of Wild Folk Magic	133.43 For
Goldsmith, Charlie	Human Medicine: The Lost Manual For Your Emotions	152.4 Gol
Burnight, Kerry	Joyspan: The Art and Science of Thriving in Life's Second Half	155.67 Bur
Francis-Baker, Tiffany	Ebb and Flow: A Guide to Seasonal Living	155.91 Fra
Eequay, Maybell	The Little Frogs Guide to Life	158.1 Eeq
Wiest, Brianna	The Life That's Calling	158.1 Wie
O'Reilly, Bill	Confronting Evil: Assessing the Worst of the Worst	170 O'Re
Meyer, Joyce	Healing the Wounds of Rejection: Moving Forward with Strength, Confidence, and the Ability to Trust Again	248.86 Mey
McLeod, Kristy	Decolonization and Me: Conversations about Healing a Nation and Ourselves	305.897 McL
N/A	A Steady Brightness of Being: Truths, Wisdom, and Love from Celebrated Indigenous Voices	305.897 Ste
Uhle, Amanda	Destroy This House	306.85097 Uhl
Hatmaker, Jen	Awake: A Memoir	306.893 Hat

Joseph, Robert P. C.	21 Things You Need to Know About Indigenous Self-Government: A Conversation About Dismantling the Indian Act	323.1197 Jos
Dabhoiwala, Faramerz	What is Free Speech: The History of a Dangerous Idea	323.44309 Dab
Dawsey, Josh	2024: How Trump Retook the White House and the Democrats Lost America	324.973 Daw
Mercer, Greg	The Lobster Trap: The Global Fight for a Seafood on the Brink	338.372 Mer
Gelles, David	Dirtbag Billionaire: How Yvon Chouinard Build Patagonia, Made a Fortune, and Gave It All Away	338.476 Gel
Brown, Bobbi	Still Bobbi	338.766 Bro
Timimi, Sami	Searching for Normal: A New Approach to Understanding Mental Health, Distress, and Neurodiversity	362.2 Tim
Penner, Brittany	Children Like Us: A Métis Woman's Memoir of Family, identity and Walking Herself Home	362.734 Pen
Brottman, Mikita	Couple Found Slain: After a Family Murder	364.1523 Bro
Fraser, Caroline	Murderland: Crime and Bloodlust in the Time of Serial Killers	364.15232 Fra
Grant, Stephen Starring	Mailman, My Wild Ride Delivering Mail in Appalachia and Finally Finding Home	383.492 Gra
Barnette, Martha	Friends with Words: Adventures in Languageland	400 Bar
Henry, Gabe	Enough is Enuf: Our Failed Attempts to Make English Easier to Spell	428.13 Hen
Cannon, Chris M.	In the Footsteps of the Traveler: The Astronomy of Northern Dene	520.97 Can

Verstraete, Frank	Why Nobody Understands Quantum Physics (And Everyone Needs to Know Something About It)	530.12 Ver
Gupta, Sanjay	It Doesn't Have to Hurt: Your Smart Guide to a Pain-Free Life	616.0472 Gup
Ciccone, Carla	Nowhere Girl: Life as a Member of ADHD's Lost Generation	616.8589 Cic
Nosrat, Samin	Good Things: Recipes and Rituals to Share with People You Love	641.5 Nos
Duffy, Curtis	Fireproof	641.5092 Duf
deBoschnek, Alexis	Nights and Weekends: Recipes That Make the Most of Your Time	641.555 deB
Holley, Kyndra	Simply Delicious: 100+ Quick and Easy Recipes Made with Time-Saving Techniques -- Slow Cooker, Sheet Pan, Air Fryer, One Pot, and More	641.555 Hol
Duffy, Matthew James	Bread Etc: Recipes + Techniques for Baking	641.815 Duf
Buettner, Dan	The Blue Zones Kitchen One Pot Meals: 100 Recipes to Live to 100	641.82 Bue
Sontroem, Louisa Owen	The Handsewn Wardrobe: A Complete Guide to Making Your Own Clothes from Patternmaking to the Finishing Stitches	646.4 Son
Endo, Saeko	200 Japanese Cross Stitch Designs: Traditional, Geometric, Retro and Floral Patterns for Mindful Stitching	746.443 End
Delisle, Guy	Muybridge	770.92 Del
Aglukark, Susan	Kihiani: A Memoir of Healing	782.42164 Agl
Carlin, Peter Ames	Tonight in Jungleland: The Making of Born to Run	782.42166 Car
Guralnick, Peter	The Colonel and the King: Tom Parker, Elvis Presley, and the	782.42166 Gur

	Partnership thar Rocked the World	
Reiner, Rob	A Fine Line Between Stupid and Clever: The Story of Spinal Tap	782.42166 Rei
N/A	Studio Ghibli: Dream Artists	791.4334 Stu
McConaughey, Matthew	Poems & Prayers	811.6 McC
Gilbert, Elizabeth	All the Way to the River: Love, Loss, and Liberation	813.54 Gil
Toews, Miriam	A Truce that Is Not Peace	819.32 Toe
Dyer, Geoff	Homework	823.914 Dye
Harrison, Stephen	Alexander the Great: Lives and Legacies	938.07092 Har
St. James, Halina	The Golden Daughter: My Mother's Secret Past as a Ukrainian Slave Worker in Nazi Germany	940.5405 Sai
Orbanes, Philip	Monopoly X: How Top-Secret World War II Operations Used the Game of Monopoly to Help Allied POWS Escape, Conceal Spies, and Send Secret Codes	940.5472 Orb
Loveman, Kate	The Strange History of Samuel Pepys's Diary	941.06 Lov
MacIntyre, Linden	An Accidental Villain: A Soldier's Tale of War, Deceit, and Exile	941.5082 Mac
Anderson, Scott	King of Kings: The Iranian Revolution, a Story of Hubris, Delusion, and Catastrophic Miscalculation	955.053 And
Palmer, Bryan D.	Capitalism and Colonialism: The Making of Modern Canada 1890-1960	971 Pal
Bernhardt, Darren	Prairie Oddities: Punkinhead, Peculiar Gravity, and More Lesser Known Histories	971.2 Ber