

# February Book List

For books added January 1-31<sup>st</sup>

## Non-Fiction

|                   |  |                  |
|-------------------|--|------------------|
| Page, Janice      | <b>Year of the Water Horse: A Memoir</b>   | 070.41092<br>Pag |
| Deacon, Gillian   | <b>A Love Affair with the Unknown: Leaning into the Uncertainty of Modern Life</b>                                     | 153.4 Dea        |
| Bailey, Chris     | <b>Intentional: How to Finish What You Start</b>   | 153.8 Bai        |
| Narula, Tara      | <b>The Healing Power of Resilience: A New Prescription for Health and Well-Being</b>                                   | 155.24<br>Nar    |
| Appleton, Chris   | <b>Your Roots Don't Define You: Transform Your Life, Create Your Comeback</b>  | 158.1 App        |
| Saywell, Shelley  | <b>If Only Love: A Memoir of Second Chances</b>  | 306.872<br>Say   |
| Weingarten, Randi | <b>Why Fascists Fear Teachers: Public Education and the Future of Democracy</b>  | 320 Wei          |
| Skotte, Ulrik     | <b>The Umbrella Murder: The Hunt for the Notorious Cold War Killer</b>   | 327.124<br>Sko   |
| Byrne, Rhonda     | <b>Countdown to Riches: 21 Days of Wealth-Attracting Habits</b>  | 332.4019<br>Byr  |
| McQuaig, Linda    | <b>Cancelling Billionaires Before They Cancel Us: The Urgent Case for a Wealth Tax</b>                                 | 336.23<br>McQ    |
| Robb, Bonnie      | <b>Building a Legacy: The Historic Expansion of the Trans Mountain Pipeline</b>  | 338.2728<br>Rob  |
| Bauer, Susan      | <b>The Great Shadow: A History of How Sickness Shapes What We Do, Think, Believe, and Buy</b>                          | 362.1 Bau        |
| Braude, Mark      | <b>The Typewriter and the Guillotine: An American Journalist, a German Serial Killer, and Paris on the Eve of WWII</b> | 364.1523<br>Bra  |
| Sekhon, Lucky     | <b>The Lucky Egg: Understanding Your Fertility and How to Get Pregnant Now</b>   | 612.63<br>Sek    |

|                      |   |                  |
|----------------------|---|------------------|
| Pelz, Mindy          | <b>Age Like a Girl: How Menopause Rewires Your Brain for Mental Clarity, Increased Confidence, and Renewed Energy</b>   | 612.665<br>Pel   |
| Peskin, Sara Manning | <b>A Molecule Away from Madness: Tales of the Hijacked Brain</b>  | 612.82<br>Pes    |
| Maizes, Victoria     | <b>Heal Faster: Unlock Your Body's Rapid Recovery Reflex</b>  | 615.5 Mai        |
| Redd, Josh           | <b>The 30-Day Inflammatory Reset: A Complete Guide to Healing Your Immune System</b>                                    | 616.0473<br>Red  |
| Jastreboff, Ania     | <b>Enough: Your Health, Your Weight, and What It's Like To Be Free</b>  | 616.398<br>Jas   |
| Sanders, Melani      | <b>We Do Not Care Club Handbook: A Hot-Mess Guide for Women in Perimenopause, Menopause, and Beyond Who Are Over It</b> | 618.175<br>San   |
| Lindnord, Mikael     | <b>Arthur: The Dog who Cross the Jungle to Find a Home</b>  | 636.70832<br>Lin |
| Lueke, Jenn          | <b>Don't Think About Dinner: Save Time and Money With 125+ Easy, Nourishing, Delicious Recipes for Every Meal</b>       | 641.55<br>Lue    |
| Ysewijn, Regula      | <b>The British Baking Book</b>  | 641.5941<br>Yse  |
| Sartori, Lee         | <b>Amigurumi Affirmations: 30 Cute and Easy Crochet Projects to Brighten Your Day and Lift Your Spirits</b>             | 746.434<br>Sar   |
| McCausland, Elly     | <b>Swifterature: A Love Story: English Literature and Taylor Swift</b>  | 782.42164<br>McC |
| Rozman, Levy         | <b>How to Win at Chess: The Ultimate Guide for Beginners and Beyond</b>   | 794.12<br>Roz    |
| Drayson, Elizabeth   | <b>Crucible of Light: Islam and the Forging of European Civilization</b>  | 909.09767<br>Dra |
| Collins, Michael     | <b>Field Guide to Newfoundland &amp; Labrador: The Island of Newfoundland</b>   | 917.18045<br>Col |
| Trump, Melania       | <b>Melania</b>  | 973.933<br>Tru   |